

IPEPulse

Volume 1, Edition 2

April 2023



In this Edition



April 3-9th, 2023 is National Public Health Week!
Check out our features on the Gillings School of Global Public Health on pages 6-11!



OFFICE OF THE PROVOST
Interprofessional Education and Practice

Contents

IPEP Opportunities	2 - 4
Friends of the Network	5
Partner Feature: GSGPH	6
Director Feature	7
Student Feature	8 - 9
Faculty Feature	10 - 11
Tip For IPE	12
Newsletter Committee	13

IPEP Opportunities

Upcoming IPEP Opportunities:

Interprofessional Health Fair

April 11, 2023 | 8:30 AM-10:30 AM or 10:30AM-12:30 AM | Consulate of Mexico - 431 Raleigh View Rd

We are seeking students from dentistry and dental hygiene, nutrition, audiology, and speech and language, to participate in an interprofessional health fair. We are partnering with El Centro Hispano to promote health and conduct screenings at the Consulate of Mexico in Raleigh.

[Sign-up here](#)

Difficult Conversations: Discussion and Simulation

April 23, 2023 | 10 AM-12 PM | UNC Ambulatory Care Center 102 Mason Farm Rd. Chapel Hill, NC

Clinicians in the acute care setting are often faced with executing difficult conversations with patients and families. This may include delivery of prognostic information, determining goals of care, or guiding them through decisions in the transition from curative care to palliative care of end-of-life. This interprofessional activity will include online preparation (< 1 hour) of VitalTalks videos and live discussion with Jennifer Gentry, NP from the Duke Palliative Care consultation service. Participants will then engage in two simulations: one family meeting with transition to comfort care, and one patient meeting to discuss prognosis and readiness for recovery from substance use disorder. Debriefings will be held after each simulation activity.

This opportunity is only available to nursing, pharmacy, and social work students, and counts as an IPEP DS event.

If you are interested in attending, or if you have further questions, please reach out to Dr. Meg Carman at carma002@email.unc.edu

"Below the Belt" Screening and Expert Panel Discussion

April 27, 2023 | 5:00-7:00 PM | Rosenau Hall, Room 133

The Public Health Student Leadership Association will be hosting a special screening of the groundbreaking PBS documentary "Below the Belt," a film about the realities of living with endometriosis. Following the film screening, there will be an interprofessional panel discussion with endometriosis experts, including an open Q&A for the audience to engage with the panel and discuss urgent issues presented by the film.

From societal taboos and gender bias, to misinformed doctors and financial barriers to care, "Below the Belt," through the personal & inspiring stories of four women urgently searching for answers to mysterious symptoms, shines a light on how millions are effectively silenced and how, by fighting back, they can improve healthcare for all women.

Direct questions to Emma Reynolds at Emma_reynolds@med.unc.edu.

This opportunity counts as an IPEP Distinguished Scholars event.

[Register Here!](#)

Relational Leadership @ Carolina

June 5, 6, 15, and 16, 2023. On zoom from 8:30 am to 4:30 pm.

Relational Leadership @ Carolina is an interprofessional, cross-generational program that teaches participants how to fully realize the breadth of their human interactions to achieve true connection, common vision, and interdependent action.

Participation in all sessions counts as an IPEP Distinguished Scholar Immersion Experience.

Space is limited. [Sign up today to reserve your spot!](#)

Recent IPEP Opportunities:

ESOP IPE Committee's Interprofessional Speaker Panel

March 9, 2023

This event featured a panel of speakers in medicine and pharmacy that gave students insight into real-world interprofessional collaboration and provided them with the opportunity to ask questions about collaboration in a real-world setting. Panel speakers included Patrick Fitzgerald, MD, a physician specializing in internal medicine and pediatrics at Froedtert & the Medical College of Wisconsin, and Jo Ellen Rodgers, Pharm.D., a clinical professor in the Division of Pharmacotherapy and Experimental Therapeutics, where she serves as Vice Chair of Professional Education and Practice.

Interprofessional Service Learning with Vulnerable Populations in North Carolina

March 12-16, 2023

This Spring Break Interprofessional Service-Learning elective focused on vulnerable communities in Tyrrell County. Students explored the social determinants of health, and worked in partnership with community members and agencies to promote health and reduce health risks.

IPE for Traumatic Brain Injury

March 20 and 21, 2023

This program was focused on gaining an appreciation for the longitudinal and collaborative nature of caring for an individual with a traumatic brain injury and the types of communication strategies that must be made at each point of hand-off.

UNC LGBTQ Healthcare Symposium

March 22, 2023

This symposium focused on empowering and building up the community of Sexual and Gender Minority (SGM) healthcare professionals. The keynote speaker, Kathrine Croft BSN, addressed the challenges of SGM healthcare professionals and students and discussed opportunities for improvement.



Intro to Systems Mapping Workshop

March 27, 2023

This hands-on workshop, co-sponsored by the Gillings Interprofessional Education Student Interest Group and the UNC School of Social Work's Social Innovation and Entrepreneurship Lab, allowed participants to learn the basics of systems mapping and apply the tools to a complex health problem.

Interprofessional Telehealth

March 28-31, 2023

Participants completed asynchronous, didactic online modules discussing interprofessional Telehealth, Security and Ethical Considerations, and Reimbursement. Then interprofessional teams of students participated in virtual, standardized patient encounters.

IPE Trivia & Gizmos Social Networking Event

March 31, 2023

The Student Executive Council for Interprofessional Education in collaboration with the Pharmacy IPE Club, Business Healthcare Club, and the ASOD IPE Club hosted an 80's themed Trivia and Networking Event! Participants came together in interprofessional teams to test their health knowledge and network with each other.

Project RESTART: Using Interdisciplinary Teams to Address Domestic Violence

April 4th 2023

Participants learned more about Project RESTART (Restorative, Effective Solutions Toward Accountability, Responsibility and Treatment), an interdisciplinary research initiative to develop a survivor-centered Domestic Violence Intervention Program (DVIP). This event, co-sponsored by the Gillings Interprofessional Education Student Interest Group and the UNC Injury Prevention Research Center, allowed participants to learn about DVIPs which aim to reduce relapse in criminal behavior related to domestic violence and the ways in which they can be improved with a restorative justice and trauma-informed lens. The presentation, followed by a Q&A and debriefing discussion, featured Beth Moracco, Associate Director of the UNC Injury Prevention Research Center and Associate Professor in Health Behavior at UNC Gillings School of Global Public Health.



Friends of the Network

IPEP may or may not be a central theme in these events that are organized by friends in our IPEP network, but all are invited to participate!

Recent events by friends of the network:

Geriatric Event Series: Deprescribing & Polypharmacy

March 2, 2023 | 12:00 - 1:00 PM | Beard 209 & Karpen 011 (Eshelman School of Pharmacy)

This event does **not** count for IPEP DS credit.

Geriatric Event Series: Interprofessional Geriatric Panel

March 8, 2023 | 12:00 - 1:00 PM | Beard 209 & Karpen 011 (Eshelman School of Pharmacy)

This event does **not** count for IPEP DS credit.

Health Professions Education Day

March 24, 2023 | 8:00AM - 1:15PM | Duke Ahead

This event does **not** count for IPEP DS credit.

Announcing the NEW Office of Health Professions Advising!

A new Office of Health Professions Advising and a network of advisers at Carolina and beyond will expand students' knowledge of health care and training opportunities, and put them on the best academic path toward a rewarding career.

Meg Zomorodi, associate provost for interprofessional health initiatives, led the creation of the office. Students will benefit from the office's connections to the College of Arts and Sciences, Career Services, Carolina's schools of dentistry, medicine, nursing, pharmacy, public health and social work, and other campus offices such as the health sciences department. Off-campus partners are also included.

"We need students everywhere as nurses, as pharmacists, in public health, as social workers," Zomorodi said. "It's not just one path, so it's our job to help students explore the many facets of health out there."

[Click here to read more about the new Office of Health Professions Advising!](#)



The new advisers are (left to right) Kayela Buffaloe, Amanda Gabbard and Amy Oyos-Yatrofsky. (Jon Gardiner/UNC-Chapel Hill)

IPEP Partner Feature:

Gillings School of Global Public Health (GSGPH)



Did you know?

April 3-9th, 2023 is National Public Health Week! This year's theme is "Centering and Celebrating Cultures in Health"!

The Michael Hooker Research Center at the University of North Carolina Chapel Hill



“ Our partnership with the IPEP office has been a natural extension of the work we do in public health on a regular basis – it is often team-based, multi-disciplinary, and action-oriented. Having a central office at UNC to coordinate efforts on interprofessional education has provided so many benefits for our students and faculty – our work together has strengthened our curriculum and offered numerous opportunities for students to collaborate on real-world activities. The OIPEP helps us do our public health work better – so we are grateful to be in partnership with IPEP! ”

Laura A Linnan, ScD

Sr. Associate Dean for Academic and Student Affairs
Gillings School of Global Public Health

Meet the GSGPH IPEP Director

Lorraine K Alexander, DrPH
Associate Professor, Department of Epidemiology
#ThankYouPublicHealth!



As an experienced online educator, Dr. Lorraine Alexander has spent the past 25 years working with educators from multiple professions to develop innovative teaching materials. This ranges from working with nurses to develop trainings used to educate public health nurses in North Carolina, to working with medical, veterinary, laboratory, public health, and communication professionals to develop materials for an 11 country-wide workshop on novel Influenza viruses. Therefore in 2014, when Dr. Meg Zomorodi, Assistant Provost for Interprofessional Health Initiatives, wanted to develop a unique hybrid course for UNC health professional students on population health with a special emphasis on interprofessional teamwork, Dr. Alexander was asked to join a group of interprofessional faculty and students to contribute her expertise to this course. This experience led to her to a continue her commitment to interprofessional education at UNC. Starting in 2016 by serving on the UNC Interprofessional Education Steering Committee and then in 2018, Dr. Alexander, was chosen as the Interprofessional Education and Practice (IPEP) Director for Gillings based on her broad experience with interprofessional education initiatives at UNC .

At Gillings, one of the main initiatives that Dr. Alexander has been involved in is working with the Master of Public Health (MPH) core faculty to address the interprofessional competency accreditation requirement for all MPH students. To that end, she has been instrumental in the development and management of the online interprofessional activity “Partners for Population Health.” This activity, which uses an interactive e-learning responsive format for delivery, has students from public health, nursing, medicine, pharmacy, dental hygiene, dentistry, and health sciences working on interprofessional teams that collaborate to develop a population health intervention. Since 2019, over 3,400 students from these schools have participated in this activity, which is part of each school’s IPEP core needed to address the interprofessional competency accreditation requirement.

Another incredibly rewarding experience for Dr. Alexander is being part of the interprofessional team that developed and oversees the IPEP Distinguished Scholars Program at UNC. This program recognizes students who go above and beyond their school’s IPEP core and exhibit excellence in the pursuit of interprofessional education. She is especially proud that Gillings has among the highest number of students who earn this distinction each year. Dr. Alexander is also the faculty advisor for the “UNC-CH Gillings School of Global Public Health Interprofessional Education Student Interest Group” which plans and promotes IPEP activities sponsored by Gillings students along with other professional schools.



In addition to being the IPEP Director, Dr. Alexander is very involved in teaching and practice activities that have an IPEP connection at Gillings. She is the director of the Online Certificate in Field Epidemiology which was designed to fulfill a training need for public health practitioners who come from a broad range of professions. She is also the coordinator for the North Carolina Partnership for Excellence in Applied Epidemiology. This partnership is an applied public health research, educational and practice collaboration between the Communicable Disease Branch at the North Carolina Division of Public Health, Gillings, and the UNC School of Medicine. She is also the faculty practicum mentor for the MPH students in the Applied Epidemiology Concentration. When not doing “interprofessional things” she enjoys hiking, gardening, traveling, and raising the best pets in the world – guinea pigs!

Student Feature

Katherine Gora Combs

Second year PhD student in Epidemiology at the UNC GSGPH



Katherine Gora Combs is a doctoral student in the Department of Epidemiology at the UNC Gillings School of Global Public Health and works as a graduate research assistant at the UNC Injury Prevention Research Center. She is also pursuing a Certificate in Innovation for the Public Good. Her current research interests include maximizing the intersection of research, policy, and practice to address substance use and injury. She is also passionate about improving the communication of injury and violence research to policymakers and the public. In addition to her studies and research, Katherine is Co-President of the Gillings Interprofessional Education Student Interest Group, President of the Epidemiology Student Organization, and Secretary of the NACCHO Student Chapter at UNC. She is also a member of the Student Executive Committee for Interprofessional Education and serves as a Gillings School Ambassador.

Q: Can you give me a brief description of yourself?

A: I am a second year PhD student in Epidemiology at the UNC Gillings School of Global Public Health in the Injury, Violence, and Overdose Prevention research track. My research focuses primarily on substance use outcomes related to opioids and illicit drugs. I'm also particularly interested in ways to improve collaborations across state and local government, academia, and on-the-ground organizations (e.g. harm reduction organizations) to address complex substance use outcomes.

Q: When and how did you first get involved with IPEP?


A: My involvement began during the first year of my PhD program, but I was introduced to IPEP when I took a course in interprofessional education as part of my MPH degree. There is great value in learning alongside peers from other healthcare professions. IPEP Distinguished Scholars seemed like a great opportunity to increase my professional network and gain skills in interprofessional collaboration.

Q: What is the most impactful or memorable IPEP event or experience you've had while at UNC?

A: My favorite IPEP event that I've attended was Fall Fest 2023! All schools and programs involved in IPEP at UNC were present at the event, and students talked about their profession's perspectives on critical healthcare issues. It was a lot of fun to get to know students from across the University. The event was also a perfect kickoff for IPEP this year and encouraged more students to get involved!

Q: What advice would you give to other IPEP students or prospective IPEP students?

A: Get involved with IPEP at UNC early in your degree program! The professional development opportunities, trainings, lectures, and social events that IPEP offers are all great opportunities to get to know people across the University. In addition to broadening your network, you gain new skills and greater appreciation for other disciplines. I can't recommend IPEP enough.



“ In order to address the world's leading health challenges, they need to be approached with an interprofessional mindset! ”

Q: Why did you choose to attend UNC for graduate school?

A: The Department of Epidemiology at UNC is known throughout the world for its methodology training. Graduates from this department accomplish incredible things! I wanted to be trained by some of the best scholars in epidemiology methods. In addition, I did my undergrad and master's degrees here at UNC, so I was already familiar with the school. UNC has become a home for me, and I couldn't see myself going anywhere else.

Q: How has IPEP impacted your experience at UNC?

A: I've enjoyed being part of IPEP throughout the last year and a half. I have learned so much, especially how to communicate and collaborate with other disciplines. The program has allowed me to expand my professional network outside of the Gillings School. I've met many students, faculty, and staff that I hope to collaborate with in the future.

Q: How do you think IPEP will impact your academic and professional future and/or goals?

A: In order to address the world's leading health challenges, they need to be approached with an interprofessional mindset. If we learned anything from COVID, it was that health professions accomplish much more when working well together. I hope my experiences in IPEP will prepare me to be more effective as a public health researcher and practitioner.

Q: What is a fun fact other UNC students might not know about you?

A: I was a double major in music performance as an undergrad here at UNC! Prior to the pandemic, I performed professionally and taught students all across the Triangle.

Q: Is there anything else that you would like to share or last thoughts you would like to leave everyone with?

A: I truly believe that we are "Better Together". I encourage anyone interested in interprofessional education and practice to get involved with UNC IPEP. It's a wonderful gem.





Faculty Feature

Meg Landfried, MPH

Meg Landfried, MPH is a teaching assistant professor in the Department of Health Behavior and the MPH Practicum Director for the UNC Gillings School of Global Public Health (Gillings). In these roles, Ms. Landfried is responsible for experiential education components of the Gillings MPH program. She oversees the applied practice experience requirement for all Gillings MPH students, called the practicum. Ms. Landfried teaches the courses associated with the practicum that help students prepare for and reflect on their experiences. Additionally, she directs a community-led, yearlong, group-based, critical service-learning course, called Capstone, that serves as the culminating experience for Health Behavior and Health Equity, Social Justice and Human Rights MPH students. Ms. Landfried's practicum and Capstone efforts are accomplished in partnership with over 350 community-based organizations, as well as faculty, staff, and students. They yield over 700 products for community partners each year. Ms. Landfried's awards include the Office of the Provost Award for Engaged Teaching, Gillings Teaching Innovation Award, Gillings Impact in Practice Award, and Gillings Staff Excellence Award. She is committed to ensuring the next generation of public health leaders enters the workforce prepared to ethically collaborate with communities to promote health equity.

Q: Tell us a little about yourself.

A: I've worked at Gillings for 15 years. My interests in ethical community engagement, critical service-learning, and applied practice grew out of my MPH training. Witnessing, and probably contributing to, the harm students can cause if not properly prepared to collaborate with communities motivated me to serve on a departmental committee that was planning revisions to the HB MPH curriculum. My first job after my MPH gave me the opportunity to help implement several of the planned curriculum changes, including moving field training from the first year to the second year to maximize students preparation for community engagement. My experience planning for and implementing program changes prepared me for my next role managing the HB MPH program. Then, when the degree moved from the department level up to the school level, I was tasked with leading efforts to take eight practicum programs and merge them into one school-level program. I love that my work affords me the opportunity to constantly apply learning from students, community partners, colleagues, and past experiences in hopes of leaving programs better than I found them.

Q: When and how did you get involved in interprofessional education?

A: As an MPH student (2006-2008), one of my closest friends was doing a dual degree between Health Behavior and City and Regional Planning. At the time, I did not know the term "interprofessional education" but I now realize that is what I was experiencing whenever we collaborated on projects. Having someone bring a different field's lens to our work helped me realize early on that complex public health problems are best addressed by working across sectors.

Q: What have been your most meaningful IPEP experiences?

A: The friend I mentioned earlier introduced me to my spouse so that was by far my most meaningful IPEP experience (☺). Professionally speaking, the Capstone program I direct has the most significance due to the mutual benefits it yields for students and community partners. During Capstone, which is a year-long course that serves as a master’s thesis substitute, students synthesize and apply their MPH training to community-designed public health projects. This community-led approach prioritizes community partners’ specific interests and gives students an opportunity to work on a range of approaches to social change (e.g., community organizing, policy advocacy, education) with a variety of organization types (e.g., nonprofit, government, health care, social services, academic) on a wide array of public health issues (e.g., harm reduction, food access, tobacco control, affordable housing, aging, substance use, etc.) in partnership with mentors from a range of professions. This interprofessional experience 1) increases capacity among students and partner organizations to address public health issues and promote equity; 2) creates new and or/improved public health resources, programs, services, and policies that advance health equity; 3) enhances student preparedness and marketability for public health careers; and 4) strengthens campus/community partnerships. Over the past 13 years, Capstone students have provided over 103,000 hours of in-kind service and produced over 635 deliverables for 79 partner organizations.

Q: What does interprofessional education and practice mean to you?

A: I have Meg Zomorodi’s and Lorraine Alexander’s voices in my head when asked this question. They’ve taught me that interprofessional education is when two or more professions ‘learn from, with, and about’ each other. To effectively train the next generation of public health practitioners to address our most pressing public health problems, public health graduate programs must cultivate students’ skills in cross-sectoral collaboration. Thus, interprofessional education and practice are essential components of public health workforce readiness.

Q: How has IPEP impacted your experience and work at UNC?

A: IPEP, including my involvement in interprofessional activities such as Partnership for Population Health and Relational Leadership@Carolina, have exposed me to faculty, staff, students, and community partners I would not have otherwise had the opportunity to learn from and with. Moreover, IPEP experiences have enhanced my skills in collaboration, project management, navigating conflict, negotiation, and advocacy.

Q: What advice do you have for students that want to get involved with interprofessional education and practice?

A: Disrupting the status quo and creating positive social change requires skills in interprofessional practice. Particularly for students who do not have IPEP embedded in their training programs, I strongly encourage them to check out the many opportunities available on the [For Students](#) tab of the [Office of Interprofessional Education and Practice webpage](#). Students who invest in IPEP will become better change agents and be more competitive on the job market.



Tips for IPE

Getting to Know Your Learners

Adapted from an article by the [American Speech-Language-Hearing Association- How to: Seven Steps for Designing Interprofessional Education Curriculum and Professional Development.](#)

1

Consider your **learners' level of familiarity** with the material before designing your experience. This may require IPE activities to accommodate learners with different levels of IPE experience.

2

Be sure to **provide learners with clear ground rules and expectations**. The **Kirkpatrick outcomes typology** can guide you in planning appropriate activities for learners with varying levels of IPE experience.

3

It might be helpful to do some learner interviewing or surveying. This can help you **evaluate what additional skills your learners need** and fashion your learning experience to meet those needs.

4

When designing a new course, workshop, or exercise, it's vital to know whether it helped accomplish that goal—and **get feedback for how you can improve in the future**. Seeing what works for your learners can help you better meet their learning needs.



Meet The Newsletter Team:



Elizabeth Kwong
Health Informatics
Class of 2025



Stephanie Chien
Medicine
Class of 2023



Taryn Vasquez
Pharmacy
Class of 2025

Faculty Advisor: Sarah Liebkemann, Director of Communications for the OIPEP
Support provided by Maggi Mazza, Office of IPEP Provost Fellow

Share Feedback

We're always looking to grow and improve, so please share your feedback and preferences with us using the link below:

[Share Feedback](#)

Share Your Story !

If you would like to be considered for a feature in an upcoming issue of our newsletter, or know someone who you would like to be featured, please click the button below!

[Share Your Story!](#)

Subscribe to our listserv to receive monthly updates about news and opportunities from the OIPEP!

Subscribe!

BETTER
together

Connect with Us!

Web: ipep.unc.edu
In person: Health Sciences Library, Room 217A
Email: unc_ipe@unc.edu
Twitter & Instagram: [@unc_ipe](https://www.instagram.com/unc_ipe)